BEIJING DUCK CHINESE
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EMERGENCIES & HELP

紧急情况 · Jǐnjí qíngkuàng

7 ESSENTIAL PHRASES FOR WHEN YOU NEED HELP

紧急电话
EMERGENCY NUMBERS

- **120** 急救 / 医疗 Medical
- **110** 报警 Police
- **119** 火警 Fire

#	CHINESE	ENGLISH	USAGE NOTE
1	**救命！** Jiùmìng!	Help! (emergency)	Urgent call for help in a dangerous situation. 救 = save, 命 = life. **EMERGENCY**
2	**我迷路了。** Wǒ mí lù le.	I'm lost.	Most likely to be needed. Locals will almost always try to help, even with limited English.
3	**请叫救护车。** Qǐng jiào jiùhùchē.	Please call an ambulance.	Emergency number in China is 120 for medical, 110 for police, 119 for fire.
4	**我需要看医生。** Wǒ xūyào kàn yīshēng.	I need to see a doctor.	International hospitals in major cities usually have English-speaking staff. Ask for 国际部 (guójì bù).
5	**我的护照丢了。** Wǒ de hùzhào diū le.	I've lost my passport.	Go to the nearest police station (派出所 pàichūsuǒ) for a report, then your embassy.
6	**有人会说英语吗？** Yǒu rén huì shuō Yīngyǔ ma?	Does anyone speak English?	Useful in hospitals, police stations, or anywhere you need to communicate beyond your Chinese.
7	**请帮我联系大使馆。** Qǐng bāng wǒ liánxì dàshǐguǎn.	Please help me contact my embassy.	In a serious emergency, authorities are obligated to help you reach your embassy.

USEFUL WORDS

医院	警察局 / 派出所	药店	洗手间	水	电话	禁止吸烟	急救箱
yīyuàn	jǐngchá jú / pàichūsuǒ	yàodiàn	xǐshǒujiān	shuǐ	diànhuà	jìnzhǐ xīyān	jíjiù xiāng
hospital	police station	pharmacy	restroom	water	phone	no smoking	first aid kit

PRO TIP
Save important info offline: your embassy contact, hotel address in Chinese, and a translation app.

保持冷静，寻求帮助！
Bǎochí lěngjìng, xúnqiú bāngzhù!
Stay calm and ask for help!

IMPORTANT
- Keep your passport photo page saved on your phone.
- Get travel insurance.
- Know your embassy location.